

LAKELAND REGIONAL HEALTH PSYCHIATRY GRAND ROUNDS

When Feedback Feels Like Failure: Shame and Learning in Medicine

Thursday, August 27, 2026 ~ 12:00pm to 1:00pm

EARN 1.0 CME/CE CREDITS

GME CONFERENCE ROOM A/B & VIRTUAL - ZOOM LINK BELOW

Featured Speaker(s)



Rebecca Tucker, LCSW-QS

is a Licensed Clinical Social Worker and Qualified Supervisor with over a decade of experience providing psychotherapy to children, adolescents, adults, and families across outpatient, residential, and community-based settings. She is currently a Senior Outpatient Behavioral Health Therapist at Lakeland Regional

Health, where she delivers individual therapy to address mental health and substance use diagnoses, in addition to, mentoring and precepting psychiatry residents through clinical education and observation as GME Faculty member.

Rebecca earned both her Master of Social Work and dual bachelor's degrees in Psychology and Family & Child Sciences from Florida State University. She is certified in Dialectical Behavior Therapy, Grief Counseling, Gottman level 1, SFBT level 1 and integrates evidence-based practices to support emotional regulation, heal from trauma, and stabilize or maintain mental health and wellbeing of those she serves. Her areas of clinical focus include co-occurring disorders, emotional dysregulation, and cultivating wellbeing. Rebecca integrates positive psychology and Polyvagal techniques to encourage the focus of treatment on optimizing human functioning, giving less emphasis on pathologizing the individual's she serves.

Throughout her career, Rebecca has served in leadership roles supervising multidisciplinary teams and providing guidance to emerging clinicians. Rebecca is deeply committed to creating a compassionate, collaborative space for individuals to grow, heal, and achieve their therapeutic goals.

***Financial Disclosures for Rebecca Tucker, LCSW-QS, course director, activity coordinator(s), planner(s) or others with influence over content:
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Join Zoom Meeting

<https://zoom.us/j/96968556862?pwd=QmhRbIAzMj0cUR2VG9EdjJVdTNUQT09>

Meeting ID: **969 6855 6862** Passcode: **467421**

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Lakeland Regional Health is accredited by the Florida Medical Association to provide continuing medical education for physicians. Lakeland Regional Health designates this educational activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity. 1 hour of Nursing CE Credit has been designated.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Osteopathic Association (AOA) with Orlando College of Osteopathic Medicine and Lakeland Regional Health. The AOA is accredited by the ACCME to provide continuing medical education for physicians.